

# How to Train the Ear to Understand Spanish

## How We Listen

Listen actively

Listen with the goal of capturing the overall context

## What We Listen To

Simple Spanish, clearly spoken, designed for Spanish learners

Natural Spanish conversations spoken at a real pace

Spanish courses

Television programs and radio for Spanish learners

Children's programs

Live conversations

Solo practice

Music, Audiobooks, Podcasts, Radio

Movies, shows, videos, live conferences

Use caution with subtitles and transcriptions!  
Don't depend on them to learn how to *listen*!